



“Health Implications of Caregiving”

Satellite Broadcast

Wednesday, June 25, 2008, 1:00–2:30 P.M. (Eastern Time)

Do you support someone in your community who is caring for a loved one?

Discover how caregiving impacts the health of family caregivers.

Hear simple tips that family caregivers can use to stay healthy.

Learn about programs developed to support family caregivers.

GOAL:

This satellite broadcast will provide viewers information on how caregiving impacts the health and well-being of the caregivers themselves. It will provide tips on self-care, approaches taken by several organizations to support family caregivers, and innovative programs that help caregivers take care of their own health.

TARGET AUDIENCE:

This program is geared towards those in the community who help caregivers identify and utilize resources that help them preserve and improve their own health including case managers, social workers, employers, health care providers and those in the aging network.

PROGRAM:

- **Introductory Remarks**
Kerry Weems, *Centers for Medicare & Medicaid Services*
- **Issue Overview: Health Implications of Caregiving**
Gail Hunt, *National Alliance for Caregiving*
- **Presenters on Caregiver Research, Innovative Programs, and an actual Caregiver Perspective**

There will be a live 30 minute Q&A session with the broadcast presenters following the broadcast via audio lines only starting at 2:30 P.M. (Eastern Time).

HOW TO REGISTER:

To register and find more information on the broadcast, where it can be viewed, and how to access the live Q&A please go to: <http://www.blsm meetings.net/caregivers>

There are five ways to connect to this broadcast:

- Steerable Satellite Dish
- Webcasting & Streaming Video
- Video Conferencing
- Audio Line



If you have any questions, please e-mail us at caregivers@cms.hhs.gov